2026 TIMETABLE

MONDAY		TUESDAY		WEDNESDAY	THURSDAY		FRIDAY		SATURDAY	SATURDAY	SUNDAY
6:00-6:45am Reformer				6:00-6:45am Reformer			6:00-6:45am Reformer		7:30-8:00am EXPRESS Reformer	8:30-9:00am TODDLER	8:00-8:30am Reformer EXPRESS
7:00-7:45am Reformer				7:00-7:45am Reformer			7:00-7:45am Reformer		8:15-9:00am BARRE	9:00-9:30am Pre-school Dance	8:30-9:15am Reformer
9:30-10:15am Reformer		10-10:30am Pre-school Dance		8:30-9:15am Reformer			9:30-10:15am Reformer		9:15-10:00am Reformer	9:30-10:15am Pre-Primary Ballet	
12:30-1:30pm Int/Adv Adult Ballet							10:00-10:30am Pre-school Dance		10:00-10:30am Reformer EXPRESS	10:15-11:00am Primary Ballet	
1:45-2:15pm Adult Pointe				4:00-5:00pm Grade 2 Ballet	5:30-6:15pm Reformer	4:15-5:30pm Adv 1 Ballet	12:30-1:30pm Int/Adv Adult Ballet			11:00-12:00pm Grade 3 Ballet	
5:00-5:45pm Reformer	4:00-5:00pm Grade 2 Ballet	5:00-5:30pm Reformer EXPRESS		5:00-6:00pm Grade 3 Ballet	6:30-7:15pm Reformer	5:30-6:15pm Adv Open Pointe		3:45-4:15pm Grade 1 Jazz			
6:00-6:45pm Reformer	4:00-5:15pm Adv 2 Ballet	5:30-6:15pm Reformer	4:00-5:00pm Intermediate Ballet	5:45-6:30pm Reformer	6:45-7:30pm BARRE	6:15-7:30pm Adv 2 Ballet		4:15-5:15pm Grade 4 Ballet			
6:45-7:30pm Reformer Slow Stretch	5:00-6:00pm Grade 4 Ballet	6:30-7:15pm Reformer	5:00-5:45pm Ballet Conditioning	6:45-7:30pm BARRE	7:30-8:30pm Adult Open Dance	7:30-8:30pm Discovering Repertoire Level 2		5:15-6:00pm Intermediate Ballet			
7:30-8:30pm Adult Jazz	5:15-6:15pm Intermediate Ballet	6:45-7:30pm BARRE	5:45-7:00pm Adv Open Ballet	7:30-8:15pm Open Beg Tap 16+		8:30-9:30pm Adult Beginner Ballet Level 1		6:00-6:30pm Intermediate Pointe			
7:30-8:30pm Discovering Repertoire Level 2	6:15-7:30pm Adv 1 Ballet	8:00-9:00pm Adult Open Ballet Lvl 3	7:00-8:00pm Neo Classical Ballet					6:30-7:30pm Level 6 Contemp			
8:30-9:30pm Adult Beginner Ballet Level 2	6:30-7:30pm Pre-Elementary Jazz	9:00-9:30pm Adult Beginner Pointe									