

# 2025 REFORMER TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45-6:30am Reformer ALL LEVELS	5:45-6:30am Reformer ALL LEVELS		5:45-6:30am Reformer ALL LEVELS			
6:30-7:15am Reformer ALL LEVELS	6:30-7:15am Reformer ALL LEVELS		6:30-7:15am Reformer ALL LEVELS	7:00-7:45am Reformer ALL LEVELS	7:15-8:00am Reformer ALL LEVELS	
		9:30-10:15am Reformer ALL LEVELS	9:30-10:15am Reformer ALL LEVELS	9:30-10:15am Reformer ALL LEVELS	9:15-10:00am Reformer ALL LEVELS	
		10:30-11:15am Reformer ALL LEVELS	10:30-11:15am Reformer ALL LEVELS	10:30-11:15am Beginner Reformer		
5:00-5:45pm Reformer ALL LEVELS	5:45-6:30pm Reformer ALL LEVELS	6:30-7:15pm Reformer ALL LEVELS	5:30-6:15pm Reformer ALL LEVELS			
	6:45-7:30pm Reformer ALL LEVELS	7:15-8:00pm Reformer STRETCH	6:15-7:00pm Reformer ALL LEVELS			
			7:00-7:45pm Reformer ALL LEVELS			